

# Healthcare web development resources

Learn about medical tests, including what the tests are used for, why a doctor may order a test, how a test will feel,

and what the results  
may mean.

Medical tests can  
help detect a  
condition, determine  
a diagnosis, plan  
treatment, check to  
see if treatment is  
working, or monitor

the condition over time. A doctor may order these tests as part of a routine checkup, to check for certain diseases and disorders, or to monitor your health.

<https://>

medlineplus.gov/lab-  
tests/

\*\*\*\*\*

Electrolytes are  
minerals in your  
blood and other  
body fluids that carry  
an electric charge.

Electrolytes affect  
how your body  
functions in many  
ways, including:

The amount of water  
in your body  
The acidity of your  
blood (pH)

Your nerve and  
muscle function  
Other important  
processes

[https://  
medlineplus.gov/  
ency/article/  
002350.htm](https://medlineplus.gov/ency/article/002350.htm)

\*\*\*\*\*

# **Fitness and Health Calculators**

**[https://  
www.calculator.net/  
fitness-and-health-  
calculator.html](https://www.calculator.net/fitness-and-health-calculator.html)**

\*\*\*\*\*

# Pulse Pressure Calculator

Determines the  
difference between  
the systolic and the  
diastolic blood  
pressure.



[https://  
www.mdapp.co/  
pulse-pressure-  
calculator-429/](https://www.mdapp.co/pulse-pressure-calculator-429/)

\*\*\*\*\*

Click on the items  
you consume daily  
to calculate your

caffeine total. Hit "X"  
to exit the calculator.

Safe consumption  
for healthy adults is  
up to 400 mg/day.

Others should  
consult a physician  
for safe moderate  
consumption values.

<https://>

foodinsight.org/  
caffeine-and-you/  
calculator.html

\*\*\*\*\*

How Much Exercise  
Do I Need?:  
MedlinePlus  
[https://  
medlineplus.gov/](https://medlineplus.gov/)

howmuchexercisedoi  
need.html

\*\*\*\*\*

Nutrition Facts  
Search Tool  
Get detailed nutrition  
data for over  
800,000 foods.

[https://  
tools.myfooddata.co  
m/nutrition-facts](https://tools.myfooddata.com/nutrition-facts)

\*\*\*\*\*

\* AI Healthcare

[https://  
en.m.wikipedia.org/](https://en.m.wikipedia.org/)

wiki/

Artificial\_intelligence  
\_in\_healthcare

